

PROGRAMS FOR EDUCATION AND TRAINING

SES Federal Resume Writing - Virtual Friday, Apr 3, 11 a.m.-12:30 p.m.

Executive Core Qualifications (ECQs) are reserved for Senior Executive Service (SES) positions in the Federal Government. How well these are written determines your selection for an interview. Join us virtually to learn key ways to write your ECQs that will boost your chances of being referred to the hiring manager and possibly get you an interview.

Transition Assistance Program Monday-Friday, Apr 6 - 10, 8 a.m.-4 p.m.

The Transition Assistance Program (TAP) is a congressionally mandated program for all members who've served 180 days or more and plan to separate or retire. The program offers information, tools, and training to guide service members and their spouses to successfully move from the military to civilian life. From start to finish, TAP provides members with information and resources on veteran benefits, educational options, employment support (resume writing, interviewing), and more. The first three days will offer the mandatory core curriculum. The following two days will feature the career path that offers the My Employment Track. Register now if you plan to retire or separate! Classes fill up quickly!!IMPORTANT!!! You must contact your Command Career Counselor and complete a Self-Assessment 365 days prior to your separation date. During this session, you will be assigned a tier level, which is a prerequisite to attending TAP.

Transition Capstone (By Appointment Only)

CAPSTONE is the final mandatory event for all transitioning military members. Service members must demonstrate appropriate Career Readiness Standards (CRS) based on the goals they plan to pursue after completing their military service (employment, education, entrepreneurship, or technical training). All transitioning service members must complete CAPSTONE NLT 90 days before separation. Email your capstone request, tier level, and date you completed TAP to: Brunilda.ramos3.civ@us.navy.mil. You will receive instructions to complete your capstone.

DOD Skillbridge- Virtual Tuesday, Apr 14, 11 a.m.-12:30 p.m.

SKILLBRIDGE – An opportunity for eligible service members, with proper Commander approval, to participate in an authorized Training Program before separation/retirement. Join us for a Virtual 90 Minute brief & Q&A session* Learn about Skillbridge, who's authorized, the application process, and more!

LinkedIn - Skills & Endorsements - Virtual Thursday, Apr 16, 11 a.m.-12 p.m.

Do you stress out about networking, particularly "social networking"? No worries! FFSC has your back! Grab your lunch, and your laptop or smart device, and join us for a quick 60-minute VIRTUAL Lunch & Learn about LinkedIn's Skills & Endorsements sections! This webinar will prepare you for the world of social networking using one of the most powerful professional networking sites available today.

My Vocational (C2E) - Virtual Monday-Tuesday, Apr 20-21, 8:30 a.m.-4 p.m.

This is an interactive training for transitioning military members and spouses. This workshop offers a unique opportunity to identify skills, increase awareness of training and credentialing programs, and develop an action plan to achieve career goals. Service members and spouses who attend the two-day Department of

Labor My Vocational Workshop will complete a personalized career development assessment of occupational interest and ability. This industry-standard assessment will present workshop participants with a variety of tailored job recommendations aligned with interests and aptitudes, some of which are classified as "high demand" or "high growth" occupations. Participants will learn to utilize self-sustaining tools to narrow their career focus by establishing achievable career goals and development strategies. Workshop facilitators will guide participants through a variety of career considerations, including labor market projections, education, apprenticeships, certifications, and licensure requirements.

TAP Talk Tuesday- Virtual Tuesday, Apr 21, 2-3 p.m.

ARE YOU A TRANSITIONING SERVICE MEMBER? OR ARE YOU THINKING YOU MIGHT WANT TO BE?

From initial counseling to capstones, self-evaluations to individual transition plans, from choosing education to going back to work in the private sector, relocating to a new place, or staying in the area, all of this can be stressful, not to mention confusing. Regardless of where you are in your transition journey, you don't have to go at it alone! Stop by our virtual Team's office every 3rd Tuesday each month between 2pm and 3 and let's chat about all things transition.

My Entrepreneurship (Boots 2 Business) Thursday-Friday, Apr 23-24, 8:30 a.m.-4:30 p.m.

This two-day Self-Employment training is offered in collaboration with the U.S. Small Business Administration (SBA), the Institute for Veterans and Military Families at Syracuse University (IVMF), the Department of Defense, and the Department of Veterans Affairs. You will learn if starting a business is right for you, if your business idea is feasible, and so much more!

Pre-Separation Brief Monday, Apr 27, 1-3 p.m.

The second step, after completing a mandatory Initial Counseling with a Command Career Counselor or Unit Transition Coordinator, transitioning members separating or retiring from military service to civilian life must complete the congressionally mandated Pre-Separation Brief. During this brief, members will receive information on the transition process and what to expect, including employment and career goals, planning for education, financial management, health and well-being, relocation, and more. The Pre-Separation Brief must be completed 365 days prior to official separation from military service.

Resume Writing -Accomplishment-Oriented Statements - Virtual Thursday, Apr 30, 11 a.m.-12 p.m.

It's a cut-throat employment market today. How can you stand out among hundreds of candidates? A well-written accomplishment statement can do that and give you the boost you need to be selected for an interview or even get the job! Join us on the virtual platform to learn valuable tips on how to effectively write your accomplishment statements for your resume! Register today!

Outreach Programs

Celebrating the Month of Military Child Saturday, Apr 11, 11:00 a.m. - 1:00 p.m.

Join the FFSC and others at the Navy Exchange. We will have giveaways, balloons, and so much more!



168 BENNION ROAD, ANNAPOLIS, MD 21402

APRIL 2026

Month of the Military Child

Since 1986, the Secretary of Defense has designated each April as "The Month of the Military Child."

U.S. military bases worldwide will sponsor and coordinate special events planned for our over one million young military children. The goal is to celebrate them and the special part they play as members of our military community and in the lives of their own military families.

Military children fall into a special category of American children and have a significant role in our country's future. Their value exceeds the pride they inspire in each parent. Each child is an ambassador of our military community, and non-military children know our strengths through them. Military children can experience unique, sometimes foreign, cultures, lands, and ways of life. As they move from place to place, they are constantly facing new adventures and challenges, meeting and making new friends and learning adaptation skills that will enrich them for the rest of their lives. Their experiences, talents, and skills enrich our great country. Many of them will grow up and join the military themselves, a large percentage of our Midshipmen come from military families.

Throughout the month, parents are encouraged to reward their children for being so strong during these especially turbulent times. Please join the Fleet & Family Support Center in commemorating the month by participating in these activities/events: Join the FFSC and others at the Navy Exchange on Friday, April 10 from 11:00 - 1:00 PM. We will have giveaways, balloons, etc.

Child Abuse Prevention Month

April is National Child Abuse Prevention Month. The FFSC offers parenting skill classes, workshops on discipline, and a myriad of other courses designed to assist parents in the rigors of child-rearing and development.

Child Abuse Prevention Month is a time to focus on the protection and care of our most vulnerable and trusted family members. Here are some tips:

- Be a nurturing parent. Children need to know that they are special and loved.
- Help yourself. When the problems of everyday life pile up to the point where you feel overwhelmed and out of control, take a time out. Don't take it out on your child.
- If you are feeling overwhelmed, get help, or call a friend, relative, or the FFSC.
- Monitor your child's television and computer use.
- Report suspected abuse or neglect.
- When it comes to handling anger, stress, or frustration, be a role model.

"Child Abuse Prevention Month" is an appropriate opportunity to remind ourselves of our collective responsibility to prevent the abuse and neglect that robs so many of our society's children of their childhood, their sense of security and well-being, and their future."

TOGETHER we can make a difference!

Sexual Assault Awareness and Prevention Month (SAAPM)

This April marks Sexual Assault Awareness and Prevention Month (SAAPM), which spotlights the work of the Sexual Assault Prevention and Response (SAPR) Program. The Department of War (DoW) is continuing the prevention drumbeat with the 2026 SAAPM campaign theme "Step Forward. Prevent. Report. Advocate." This theme is a call to action for individuals at all levels of the Department to use their personal strength to advance positive change in preventing sexual violence. We ask that you join us in taking a "Step Forward" and highlight the power of acts that can bolster prevention, increase reporting, and promote advocacy for a safer DoW Community. SAAPM is an opportunity to highlight our year-round commitment to the SAPR Program and offers a collaboration of innovative ways to establish prevention practices. While SAAPM has become a great way of sending the awareness and prevention message as one voice across the fleet, it is critical to continue these efforts beyond April.

EVENTS: SAPR 2026 DATES/EVENTS

Teal Tuesday throughout the month of April

Every Tuesday in April, Sexual Assault Awareness Month, wear any teal item in solidarity with survivors of sexual assault.

Mercy Medical Center Clothing Drive for SAAPM April 1st - April 25th

Often, survivors of sexual violence hand over their clothing when they are going through the Evidence Collection Kit process at our local partner Emergency Rooms. Mercy Medical Center provides clothing items so that survivors can feel comfortable as they leave the hospital. All donated items need to be new and have minimal or no graphics.

Chalk the Walk at FFSC/NSAA Tuesday, April 11, 11 a.m.-1 p.m.

Join us in taking a stand against Sexual Assault! Using washable sidewalk chalk, write messages of support, awareness, and prevention in front of NHCA. Participants will create messages of support and awareness against Sexual Assault.

Denim Day Wednesday, April 29

April 29, 2026, marks the 28th celebration of Denim Day in the US. Denim Day is the annual sexual assault awareness event that works to start conversations about the destructive attitudes surrounding sexual assault, such as victim-blaming.



AMERICA'S NAVY FORGED BY THE SEA

America is a maritime nation. For 250 years, America's Warfighting Navy has sailed the globe in defense of freedom.



ADDITIONAL INFORMATION

Workshops and seminars are open to active-duty and retired military personnel and their family members. Call the FFSC at (410) 293-2641 to register.

New to NSA Annapolis? Make the Fleet and Family Support Center one of your first stops! You can attend a workshop, meet other Navy spouses and gather informational materials.



JOB SEARCH RESOURCE ROOM

The Resource Room has everything that military family members (16 years old and older) and transitioning service members need to conduct successful job searches and relocations resources—WiFi, computers, printer, copier, and helpful reference materials.

The FFSC is located at 168 Bennion Road, Annapolis, MD.

CONTACT FFSC ANNAPOLIS

- ☎ (410) 293-2641
- 📠 (410) 293-5237
- ✉ m_FFSC_Annapolis@navy.mil

FEATURES

- April Awareness Months
- April 2026 Calendar
- Programs for Education and Training



April 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Medical Record Claim Review By appointment only Smooth Moves PCS Seminar, 8:30 a.m.	2 Navy Spouse in Transition, 11 a.m. Military Transition Benefits for Retirees-Virtual, 8 a.m.	3 SES Federal Resume Writing - Virtual, 11 a.m.
6	7 Moving with EFMP-Hybrid, 1 p.m. Car Buying, 9 a.m.	8 Medical Record Claim Review By appointment only	9	10
Transition Assistance Program, 8 a.m.				
13	14 DOD Skillbridge- Virtual, 11 a.m.	15 Medical Record Claim Review By appointment only	16 Command Indoctrination/ Newcomers' Orientation, 8 a.m. LinkedIn – Skills & Endorsements – Virtual, 11 a.m.	17
Million Dollar Sailor, 8 a.m.		CFS Certification Training, 8 a.m.		
20	21 Building Healthy Relationships, 10:30 a.m. Resume Writing, 11 a.m. TAP Talk Tuesday- Virtual, 2 p.m.	22 Medical Record Claim Review By appointment only Tricare Aware - Virtual, 1 p.m.	23 Raising Financially Fit Kids, 9 p.m.	24
My Vocational (C2E) – Virtual, 8:30 a.m.		My Entrepreneurship (Boots 2 Business), 8:30 a.m.		
27 Pre-Separation Brief, 1 p.m.	28	29 Medical Record Claim Review By appointment only	30 Resume Writing – Accomplishment-Oriented Statements – Virtual, 11 a.m.	

PROGRAMS FOR EDUCATION AND TRAINING

Deployment/Relocation Programs

Smooth Moves PCS Seminar
Wednesday, Apr 1, 8:30-11:30 a.m.

Are you getting ready for a PCS move? Wondering what to do to prepare? This workshop is for everyone, experienced mover or not, who is on Permanent Change of Station (PCS) orders. You'll receive information on: packing and protecting your belongings, weight allowances and dealing with the moving company, do-it-yourself or Personally Procured Moves, travel and car allowances, budgeting for your move, house hunting hints, information on your upcoming duty station and community, and much more!

Command Indoctrination/Newcomers' Orientation
Thursday, Apr 16, 8 a.m.-3 p.m.

Command Indoctrination Programs are designed to facilitate the adaptation of Sailors and their families into their new working and living environments. This will afford Sailors and their families the greatest opportunity for a successful and productive tour of duty. The Indoc/Orientation is for all active-duty service members reporting to the U.S. Naval Academy, Naval Support Activity Annapolis, Navy Band, and Naval Health Clinic! Don't miss our information-packed days designed to make your move to a new community a "smooth" one. A highlight of the Orientation: a tour of the Naval Academy! Spouses are encouraged to attend.

Career Development

Navy Spouse in Transition
Thursday, Apr 2, 11 a.m.-12:30 p.m.

This workshop helps prepare spouses as they transition from Navy life to civilian life. This training introduces spouses to the Sailors' TAP, discusses key spouse benefits and entitlements, such as healthcare and education, and explores how to recognize and manage the stressors that life and career changes can bring. It also highlights financial considerations such as moving expenses and changes in costs of living, provides an overview of career transition tools such as networking and résumé writing, and helps Spouses develop a plan for their final move.

Resume Writing
Tuesday, Apr 21, 11 a.m.-12 p.m.

Wondering how to write your resume? Have you written a resume, but it isn't getting the results you want? Our resume writing workshop will help you get started or show you how to improve the one you have written. This class will discuss targeting your resume, selecting the best format for your work experience, and creating a cover letter. Don't pay someone else to write your resume!

Exceptional Family Member Program

Moving With EFMP-Hybrid
Tuesday, Apr 7, 1- 2 p.m. Virtual

Join us for this workshop, designed to provide valuable insights and resources for families navigating relocation within the Exceptional Family Member Program (EFMP). This session will cover essential steps to ensure a smooth transition, including understanding the EFMP process, securing family support services, and accessing resources at your new location.

Tricare Aware - Virtual
Wednesday, Apr 22, 1-2 p.m.

TRICARE Aware offers a general overview of TRICARE ECHO benefits and respite care options available through Child Care Aware. The session is designed to help families understand what these programs are and the eligibility requirements.

Financial Management Programs

Car Buying
Tuesday, Apr. 7, 9-10:30 a.m.

Car Buying is one of the most emotional and stressful purchases that we make on an irregular basis. In today's marketplace, the methods of purchase, as well as the types of vehicles available, are numerous. Vehicles may be purchased online, in person, new or used, at any time, day or night.

Million Dollar Sailor
Monday-Tuesday, Apr 13-14, 8 a.m.-4 p.m.

(Must be completed prior to the three-day Command Financial Specialist Training)
Are you ready to set yourself up for financial success? This two-day workshop provides in-depth information on topics such as financial goal setting and implementation, debt reduction, savings, investing, and long-term wealth building. This is a prerequisite to the three-day Command Financial Specialist course. Must be able to attend the full 5-day in-person course.

CFS Certification Training
Wednesday-Friday, Apr 15-17, 8 a.m.-4 p.m.

As a Command Financial Specialist, you will provide financial education and training, counseling, and information referral at the command level. You will be the first stop for military members who have questions or issues about financial readiness.

Requirements to be met:

Must complete the two-day Million Dollar Sailor Course prior to the three-day Command Financial Specialist Training

- E5 or above with COC Approval.
- 6 years or more of service.
- 12 months or more remaining at current command.
- Financially Stable.
- Committed to providing sound financial counseling to service members and their families.
- Be available to assist other CFS's or Commands, including other branches of the military.
- Able to attend the full 5-day in-person course.
- Present at INDOC and Smooth Moves Briefs.

Raising Financially Fit Kids
Thursday, Apr 23, 9-10:30 am

Raising Financially Fit Kids will equip parents with the tools and strategies to teach their children essential money management skills. Through practical tips and interactive discussions, parents will learn how to introduce age-appropriate financial concepts, encourage saving and budgeting, and foster healthy money habits.

Life Skills

Building Healthy Relationships
Tuesday, Apr 21, 10:30 a.m.-12:00 p.m.

The objective of the workshop is to provide tools to enhance healthy relationships and to educate military personnel and their families on how to successfully nurture intimate relationships. Topics include emotional record keeping, expectations, communication, and developing healthy habits.

Transition/Career Assistance Programs

Medical Record Claim Review(By Appointment Only)
Wednesdays, Apr 1, 8, 15, 22 & 29 - various times available

Annapolis Fleet & Family Support Center collaborates with the National Office of Veterans of Foreign Wars, Washington, DC, to provide Medical Record Reviews weekly. This review is available for service members who are within SIX MONTHS of separation/retirement. You will receive guidance and assistance to file your VA Claim application.

Military Transition Benefits for Retirees-Virtual
Thursday, Apr 2, 8 a.m.-1 p.m.

As you prepare to retire from the service, now is the time to check up on your benefits, entitlements, and post-military available services. Join us and learn more about your retirement benefits, including TRICARE, Dental, Personal Property/Household Goods, Survivor Benefit Program, VA Medical Claim Process, VET Center, and more. Spouses are welcome!

To Register for classes, call the FFSC at 410-293-2641 or email m_ffsc_Annapolis@navy.mil. Workshops will be in person unless otherwise noted. (If virtual, you will be sent a link to join the workshop after registering.)

*Workshops and seminars are open to active duty and retired military personnel, their family members and, if space is available, Department of Defense employees, their spouses and contract employees