

FOR THE LOVE OF FITNESS: AEROBATHON

Friday, February 11 • 9:30AM-11:30AM
Group Exercise Room Bldg 89
Bennion, Rd Annapolis, MD 21402

Bring your best friend and loved ones for a fun-filled Aerobathon. Attend all 4 classes to receive a prize!

Classes held in 30 minute increments.

9:30am	Yoga
10am	Zumba
10:30am	Kick Boxing
11am	Lift & Row

Sign up at the front desk of the fitness center.
Open to Active duty, contractor, DoD Civilian, dependents, and guests. Call 410-293-9204 for more information.



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